

# Healthy Living: Beware of Deadly Health Scams, Stay away from Drugs

By Dr. Veronica Collings, D.C.

Awake  
Open your eyes.  
Clear your brain.  
Reason clearly!  
An enemy is at your door.  
He has already entered nearly every home!  
Is he in your home?  
Are you struggling for life as he slowly “strangles” you in his “grip of poison”?  
Are your sons, your daughters, your father  
Or your mother fighting this fearful enemy?  
If you love life, if the lives of your loved ones  
Are of any value, begin at once to free yourself  
And your hoe from this horrible enemy,

## DRUGS

*Bernarr Macfadden and Felix Oswald, M.D from the introduction to their book about natural healing practices written in 1900!*

What prompted this topic was the plethora of drug recommendation reversals that, although affecting millions, received little to no media coverage. So much of the research that the day-to-day practice of medicine is based on turns out to be false, incorrect and misleading. So much research suffers from bias or prejudice due to financial conflicts of interest. Researchers, who are often in the employ of drug companies, tend to ignore non-medical, natural approaches and never study them.

Just a couple of weeks ago, the FDA recanted the claims made by Bayer (which did the original research), more than 20 years ago, that an aspirin a day prevents heart attacks. It has withdrawn the recommendation to take a low dose aspirin daily. Of course, if you are taking the study



done by the company that most benefits from the results as fact, then what do you expect? Forty million Americans have been taking daily aspirin, which has a bunch of “side effects” for no good reason – unless you consider the \$1.7 billion in yearly Bayer profits from this one product alone to be a good reason. I’m sure Bayer thinks so.

Unfortunately, in the last 35 years, most of the research has been done by the same pharmaceutical companies that benefit from the outcome. Know who you are listening to is my best advice.

CDC whistleblower, William Thompson, PhD, revealed that the 2001 report released by the CDC exonerating vaccines as causative in autism was fraudulent. Statistics that demonstrated that as much as a 334% correlation of the MMR vaccine and autism, with the highest group affected being black males, was kept out of the report intentionally, according to Thompson. He signed off on the report, knowing it was fraud. When you think that, today, 1 in 52 children (as opposed to 1 in 20,000, when I was in school) is affected by this horrible condition, this revelation

is nothing short of criminal. You can get the full story on AMC’s documentary video entitled “CDC Whistleblower revealed” on YouTube.

Beta blockers, used in non- cardiac patients prior to surgery, have caused an estimated greater than 800,000 deaths in Europe and the research by Dr. Poldermans that established the guidelines was reported by Forbes, that “the full extent of the misconduct is almost impossible to ascertain, although it appears to be extensive.”

Vioxx is another example of what can happen when a drug is manufactured and marketed under false pretenses. It killed more than 60,000 people in just a few years’ time before it was removed from the market. The list goes on.

I know this article sounds alarmist, but the alarm is exactly what I want to sound. Please don’t ignore the warnings of over 100 years ago. Educate yourself before you accept drugs blindly. I highly recommend Dr. Mendelsohn’s book, *Confessions of a Medical Heretic*. In it, he teaches you how to protect yourself from the profiteering of a medical industrial complex out of control. If you have children, his book, *How to Raise a Healthy Child in Spite of Your Doctor*, is the best guide to child rearing that I know. Drugs are not the answer. Americans spend more money on drugs than the next ten leading countries combined and we are sicker than all of them and the following 35. Learn about natural health alternatives.

*Editor’s Note: The opinions expressed here are Dr. Collings’ and not those of the Dance Spotlight. All readers are encouraged to do their own research.*